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NACSN Newsletter

北美华人营养学会
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Message from the NACSN President

Dear NACSN Members and Friends:

I wish you've had a great summer! I'm pleased to report that our society Executive Committee had held a successful meeting on Sep 9 and discussed a number of issues including future work plans. We plan to organize several exciting activities and events in the coming year. We'll share more formation. For example, we'll provide our members with more support to help develop collaboration and career through expansion of our mentor-mentee program and organizing webinars. We also plan to organize our society's first scientific meeting in April 2016 during the Experimental Biology annual meeting in San Diego.

The past summer we had several collaboration activities with the Chinese Nutrition Society (CNS), our sister society. Some of our members attended the conferences and programs in China organized by CNS. You will find some related information in this special Summer Newsletter. In the coming year, we will expand collaborations with CNS, American Nutrition Society and other related organizations and partners.

We will release our fall newsletter before the Thanksgiving Holiday in November. I encourage you to share with Drs. Ling Zhao and Liang Wang (who edit our newsletters) any good news about your work and career (see below their contact information). You will hear from them too.

In addition, please see below our current Executive Committee members' contact information. You are welcome to contact anyone of us if want to join our efforts to contribute to our society including to play leadership roles in the future.

Finally, I want to thank our past president, Dr. Leslie Shen for her devotion and leadership over the past year. She will continue to serve our society this year. We should also thank Dr. Dingbo Lin for his contributions over the past year as an Executive Committee member. Meanwhile, let's welcome Dr. Liang Wang to join the Committee in replacing Dr. Lin. I look forward to working with you all together to make the next year another productive year for our young society.

Thank you!

Youfa Wang, M.D., Ph.D., M.S.

President, NACSN

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Chinese Nutrition Science Conference (CNSC)

The 12th CNSC, organized by the Chinese Nutrition Society (CNS), was held in Beijing on May 16-18, 2015. The theme of this year was “Nutrition for Health Life”.

NACSN sponsored a session entitled “Obesity and Nutrition” during the conference, chaired by NACSN President (then Vice President), Dr. Youfa Wang (Professor from The University at Buffalo, the State University of New York). The session covered key topics on obesity and nutrition, ranging from basic science research to intervention and policies.

NACSN expert presenters were Dr. Meizi He, Zhiping Li, Leslie Shen, and Youfa Wang. Three outstanding young NACSN scholars were selected by NACSN to give oral presentations in the Young Scholar Forum during the conference. They were Drs. Dingbo Lin (Assistant Professor at Oklahoma State University), Linglin Xie (Assistant Professor at University of North Dakota), and

Liang Wang (Assistant Professor at East Tennessee State University). Dr. Xinfu Guan, Assistant Professor at Baylor College of Medicine, also presented his research during the conference.

The CNSC is the official CNS conference held every two years. The focus is to demonstrate the latest research achievements in the field of nutrition and public health in order to be an important platform for promoting a comprehensive development of nutrition science. This year is the 70th anniversary of society and individuals and groups that have contributed to excellence to nutrition science in China were honored at the meeting.

The activities and exchanges between the leadership of NACSN and CNS during the conference will help develop more future collaborations between the two societies in training and research in the future.



Annual Meeting of China Association

The 17th Annual Meeting of China Association for Science and Technology was held on May 23-24 in Guangzhou, China. This meeting was jointly sponsored by the China Association for Science and Technology and the People's Government of Guangdong Province.

NACNS President (then Vice President) Dr. Youfa Wang (Professor, University at Buffalo, State University of New York, USA), former President Dr. Xingen Lei (Professor, Cornell University, USA), and members, Drs. Meizi He (Professor, The University of Texas, USA) and Liang Wang (Assistant Professor, East Tennessee State University) participated in this meeting.

Four international parallel sessions were held in which professionals both home and abroad were invited to discuss on interdisciplinary frontier issues in related fields, including “*The International Symposium on Technical Communication in Mobile Era and Standardization*”,

“*New Nutrition Science in the New Era of Life*”, “*International Forum on Evidence-based Science Policy and Assessment*”, and “*International Green Technological Innovation & Investment Forum*”.

The session of “New Nutrition Science in the New Era of Life” was organized by The Chinese Nutrition Society.

Prof. Youfa Wang and Xingen Lei served as Academic Committee members. During the forum, Professor Youfa Wang presented “Nutrition and the global obesity and non-communicable chronic diseases epidemic and control”, Professor Xingen Lei presented “Can biofortification of

staple crops improve Chinese nutrition and health?”, and Professor Meizi He presented “building a nutrition research team”.



The 5th Chinese Nutrition Leadership Program (CNLP) was held in Guangzhou, China, May 2015. It is a joint training program of the CNS and International Union of Nutritional Sciences (IUNS), with the aim of fostering an international focus among future leaders in the field of nutrition.



NACNS President (then Vice President) Drs. Youfa Wang and Former President Xingen Lei participated in the 5th Chinese Nutrition Leadership Program (CNLP) as mentors, and Dr. Liang Wang was selected and participated as a trainee.



Forty trainees, selected among a large pool of candidates, about 1-3 per province in China, attended the CNLP this year. Overall 90% of trainees were associate professors; and 42% had taken a leadership position including being department chair and center directors. They were from a variety of backgrounds including hospital departments of nutrition (18 trainees, some are department chairs), the Chinese Center for Disease Control and Prevention (8 trainees, including vice center director), and academic institutions (including NACNS member Dr. Liang Wang from East Tennessee State University in the U.S., and 14 other trainees).

The trainers consist of experts in the field of nutrition science from around the world. Dr. Yuexin Yang, President of CNS, was the director of trainers. Former

president of IUNS Dr. Ibrahim Elmadfa and Professor Mark L. Wahlqvist served as international science consultants. Class advisors included Drs. Wenhua Ling and Duo Li. Class tutor was Dr. Huilian Zhu. Three senior NACNS members served as faculty including Profs. Youfa Wang (The University at Buffalo, the State University of New York), Xingen Lei (Cornell University, USA), and Meizi He (University of Texas at San Antonio). Faculty members in China include Profs. Wenhua Ling, Yixiang Su, Fei Li, and Huilian Zhu (all from Sun Yat-sen University, China), Duo Li (Zhejiang University), Yingtong Song (Deputy



Secretary-General of China-US Health Summit), and Mei Jia (Head of Nutrition, Health and Wellness of Nestle, Greater China Area). The other faculty members from Europe and the U.S. include Profs. Ibrahim Elmadfa, Mark L. Wahlqvist, George L. Blackburn, Elsie M. Taveras, and Oscar J. Benavidez (all from Harvard Medical School, USA), Judith Storch (Rutgers University, USA), Dong Kong (Boston University Nutrition and Obesity Research Center, USA).

The training class included both professional and management courses, while creating many practical opportunities to increase interactions between trainees and trainers. The week long training focused on enhancing trainees skills in leadership and collaboration. At the end of the week long training, trainees had a better understanding of how to develop successful collaboration to impact changes in the society; and of that leadership is not the authority and position, but the influence on others; the basic values of leadership subsumes common value of human nature including simplicity, trust, diligence, kindness and tolerance. No matter in which position levels, good leaders need be good human being. Sustained learning ability is the fundamental of the cultivation of influence.

Dear NACSN members: Please send in your recent promotion, grants and scholarship news nacsn.usa@gmail.com to be included in the next issue due in November. We would like to hear from you !